## PRE-WEEK CHECK IN

## THIS WEEK:

|                        | The most important thing to remember is              |
|------------------------|--|
|                        |  |
|                        |  |
|                        |  |
|                        |  |
|                        |  |
|                        |  |
|                        | I will accomplish                                    |
| 1                      |  |
| 1.                     |  |
| <ol> <li>3.</li> </ol> |  |
| J.                     | The steps I am taking that will move me forward are  |
| 1                      | The steps I am taking that will move the forward are |
| 1.                     |  |
| 2.                     |  |
| 3.                     |  |
|                        | Potential blind spots are                            |
|                        |  |
| <del></del>            |  |
|                        |  |
|                        |  |
|                        | I am open to receiving                               |
|                        |  |
|                        |  |
|                        |  |
|                        |  |
|                        | I AFFIRM:  |
| I am                   |  |
| I am                   |  |
| I am                   |  |
|                        |  |